**Assistive Mouth Care Products**

* Bicycle Grip Handle Hardware store/bicycle shop or tennis ball adaptation
* Universal cuff (strap w/pocket secures tb to hand) Maddak, Inc (800)443-4926
* Universal Cuff, [www.grovergear.com](http://www.grovergear.com) (866)666-9680
* GripIt Floss Holder, <https://www.amazon.com/Gripit-Floss-Holder-Grip-it/dp/B00LPF6DNW> (Amazon)
* Surround Toothbrush (3-sided brush): <https://specializedcare.com/collections/surround-toothbrushes>
* Open Wide Mouth Prop: <https://specializedcare.com/products/mouth-rests?_pos=3&_sid=736a56ceb&_ss=r>

**Products**

* **Interproximal brushes**: Sunstar *Advanced Soft-picks; interdental cleaners,*
* **Mouthrinses**: ***IoRinse Ultra or RTU*** (Amazon); Closys II (at Walgreens), Spry,
* **Orajel, Orabase**: Anesthetic ointment for gum tissue pain relief- not recommended for xerostomic patients
* **Saliva Substitutes: *Allday* (https://www.elevateoralcare.com/products/Allday),** Biotene (Haleon), Optimoist (Colgate-Palmolive) spray, Spry Dry Mouth Spray (Xlear, Inc), Moistyn
* **Toothbrushes**: Electric or manual to suit the individual
* Electric toothbrush technique: place the bristle head on the tooth/gum area, turn on the brush, and remain on that surface for 3-5 seconds before moving to the next section for all areas of the mouth. Do NOT agitate the brush head back and forth. Brush for 2 minutes. Brush tongue.
* 3-Surface Brush (SpecializedCare.com)
* **Remineralizing gel**: Voco Remineralizing Gel (dentist will prescribe): <https://www.voco.dental/us/products/preventive-care/protective-dental-care/remin-pro-not-available-in-canada.aspx> (to prevent sensitivity and reduce decay)
* **Waterpik water flosser**: <https://www.waterpik.com/products/dental-water-flosser/>
* **Xylitol Products:** **Xlear -** Spry products [www.sprydental.com](http://www.sprydental.com/), mouth rinse, toothpaste, mints, gum -Available in health food stores